Eat Wise & Exercise
Exercise Tracker

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Total Minutes
Example	30 min.	35 min.	13 min.	45 min.	30 min.	28 min.	30 min.	211 min.
1								
2								
3								
4								
5								
6								
7								
8								
9								
10								